

PHSCE Medium term overview

Year 2

	Topic	In this unit of work children will learn:	Teacher notes:
Relationships	<p>Families and friendships</p> <p>Making friends; feeling lonely and getting help</p> <p>PoS Refs: R6, R7 R8, R9, R24</p>	<ul style="list-style-type: none"> To know how to be a good friend, e.g. kindness, listening, honesty To know about different ways that people meet and make friends To know strategies for positive play with friends, e.g. joining in, including others, etc. To know what causes arguments between friends To know how to positively resolve arguments between friends To know how to recognise, and ask for help, when they are feeling lonely or unhappy or to help someone else 	
	<p>Safe relationships</p> <p>Managing secrets; resisting pressure and getting help; recognising hurtful behaviour</p> <p>PoS Refs: R11, R12, R14, R18, R19, R20</p>	<ul style="list-style-type: none"> To know how to recognise hurtful behaviour, including online To know what to do and whom to tell if they see or experience hurtful behaviour, including online To know about what bullying is and different types of bullying To know how someone may feel if they are being bullied To know about the difference between happy surprises and secrets that make them feel uncomfortable or worried, and how to get help To know how to resist pressure to do something that feels uncomfortable or unsafe To know how to ask for help if they feel unsafe or worried and what vocabulary to use 	
	<p>Respecting ourselves and others</p> <p>Recognising things in</p>	<ul style="list-style-type: none"> To know about the things they have in common with their friends, classmates, and other people To know how friends can have both similarities and differences 	

	<p>common and differences; playing and working cooperatively; sharing opinions</p> <p>PoS Refs: R23, R24, R25</p>	<ul style="list-style-type: none"> To know how to play and work cooperatively in different groups and situations To know how to share their ideas and listen to others, take part in discussions, and give reasons for their views 	
Living in the wider world	<p>Belonging to a community</p> <p>Belonging to a group; roles and responsibilities; being the same and different in the community</p> <p>PoS Refs: L2, L4, L5, L6</p>	<ul style="list-style-type: none"> To know about being a part of different groups, and the role they play in these groups e.g. class, teams, faith groups To know about different rights and responsibilities that they have in school and the wider community To know about how a community can help people from different groups to feel included To know and recognise that we are all equal, and ways in which they are the same and different to others in their community 	
	<p>Media literacy and Digital resilience</p> <p>The internet in everyday life; online content and information</p> <p>PoS Refs: L8, L9</p>	<ul style="list-style-type: none"> To know the ways in which people can access the internet e.g. phones, tablets, computers To know the purpose and value of the internet in everyday life To know that some content on the internet is factual and some is for entertainment e.g. news, games, videos To know that information online might not always be true 	
	<p>Money and Work</p> <p>What money is; needs and wants; looking after money</p>	<ul style="list-style-type: none"> To know about what money is and its different forms e.g. coins, notes, and ways of paying for things e.g. debit cards, electronic payments To know how money can be kept and looked after To know about getting, keeping and spending money To know that people are paid money for the job they do 	

	PoS Refs: L10, L11, L12, L13, L15	<ul style="list-style-type: none"> To know the difference between needs and wants To know how people make choices about spending money, including thinking about needs and wants 	
Health and wellbeing	<p>Physical health and Mental wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</p> <p>PoS Refs: H4, H6, H7, H16, H17, H18, H19, H20</p>	<ul style="list-style-type: none"> To know about routines and habits for maintaining good physical and mental health To know why sleep and rest are important for growing and keeping healthy To know that medicines, including vaccinations and immunisations, can help people stay healthy and manage allergies To know the importance of, and routines for, brushing teeth and visiting the dentist To know about food and drink that affect dental health To know how to describe and share a range of feelings To know ways to feel good, calm down or change their mood e.g. playing outside, listening to music, spending time with others To know how to manage big feelings including those associated with change, loss and bereavement To know when and how to ask for help, and how to help others, with their feelings 	
	<p>Growing and changing Growing older; naming body parts; moving class or year</p> <p>PoS Refs: H20, H25, H26, H27</p>	<ul style="list-style-type: none"> To know about the human life cycle and how people grow from young to old To know how our needs and bodies change as we grow up To know and name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles) To know about change as people grow up, including new opportunities and responsibilities To know how to prepare to move to a new class and setting goals for next year 	
	Keeping safe	<ul style="list-style-type: none"> To know how to recognise risk in everyday situations, e.g. road, water and rail safety, 	

	<p>Safety in different environments; risk and safety at home; emergencies</p> <p>PoS Refs: H29, H30, H31, H32, H33, H35, H36, H27</p>	<ul style="list-style-type: none"> • medicines • To know how to help keep themselves safe in familiar and unfamiliar environments, such as in school, online and 'out and about' • To know potential unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger • To know how to help keep themselves safe at home in relation to electrical appliances, fire • safety and medicines/household products • To know some items that people can put into their body or onto their skin (e.g. medicines • and creams) and how these can affect how people feel • To know how to respond if there is an accident and someone is hurt • To know about whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say 	
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