Learning for Life Challenges		Date when complete
Self-Care	Learn how to sort washing into different loads and use the washing machine with support from a grown up.	
	Learn how to clean your school shoes and brush your hair.	
	Learn to put the dishes away or load/ unload the dishwasher with the help of an adult.	
Environmental Awareness	Weed or tidy up your outdoor space. Create a bug house or bee friendly area in your garden or an outside space.	
	Walk, scoot or cycle to school or 'Park and Stride' at least twice per week for the WOW living Streets project at school. Or, set your own physical challenge to improve your fitness.	
Become a 'Sheep Dip Super Star': Extend your knowledge of a topic, subject or important person that interests you. Share this information on SeeSaw, or create a Poster and bring into school.		

Learn	Date when complete		
Cooking and Nutrition	Plan, prepare and cook two healthy meals with supervision from an adult to chop and use the oven/ cooker. The meals must include all main food groups and be well balanced.		
	Set a budget for the meals with your parents or carers and help to buy the ingredients.		
Managing Money and Budgeting	Compare prices in the shops. Look at brand-name items and own-brand products, which ones cost more and why, and how you can save money?		
	Take part an event that will help your community i.e. a little pick or fundraising event. Decide an activity to do and how much you want to raise. Find out about the charity or community you are going to help.		
Personal Development	Take part in a hobby, club, sport or activity out of school. Show how you have been dedicated, improved your skills and enjoyed taking part.		
	Learn to tell the time on both digital and analogue watch.		
	Learn basic first aid and lifesaving skills (this will be taught at school)		
earn basic first aid and lifesaving skills (this will be taught at school in Year 4)			

Use this Learning for Life Record of Achievement to track your progress in developing important life skills at home and at school.

Every time you complete a challenge, bring the evidence of it

to your teacher and/or upload it to *Seesaw*. You can share a photo or any other evidence that you have developed each life skill.

Learning for Life Challenges <u>MUST</u> be done as well as the SeeSaw home learning that we expect all pupils to do.

SeeSaw HOMELEARNING IS:

1. TO READ FOR PLEASURE AT LEAST THREE TIMES PER WEEK

2. COMPLETE THE ONLINE SeeSaw tasks



3. PRACTISE the SPELLINGS SENT HOME BY YOUR TEACHER

If you complete all your **Core Homework** and **Learning for Life Challenges** by the end of the school year, you will receive a special treat and join our Learners for Life, Hall of Fame!

