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Relationship Education to help keep children safer

Information for Parents & Carers of children in Primary Schools

In response to our changing society and the impact of the Internet, Government have introduced statutory **Relationship Education** to Primary Schools, these lessons are not new and have been delivered in good Primary Schools since the last guidance in 2000, however some of the content has now been updated to help keep children safer.

School is here to help; we are engaging the support of the specialist organisation BigTalk Education, who are a Social Enterprise recognised by national leading bodies and government. They work with 3 to 18 year olds and have been involved in delivering age appropriate education of this type for over 20 years, they also deliver training for Professionals, Parents & Carers.

Below is some information on the Growing Up Safe programme that will be delivered to the Children by BigTalk Education, it reflects the recommendations of the new **Government Guidance 2019**, **Ofsted & SEF** (Sex Education Forum) recommendations.

• **Age 3 Nursery** A fun learning environment where the children are taught the differences between boys and girls, naming body parts, correct scientific words, private areas of the body, good touches and bad touches.

• **Ages 4 to 8 (Reception School Years 1, 2 & 3)** Re-enforces and checks what was covered in Nursery. Using specially designed child friendly resources at the end of this session they will be able to identify happy situations and those which may be risky (e.g. other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) plus who they can talk to if they are worried.

• **Ages 8 to 9 (School Year 4)** We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) how babies are made, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy are also discussed.

• **Ages 9 to 11 (School Years 5 & 6)** Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional questions on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative to Google etc.

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse and exposure to unsuitable images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they are touched inappropriately etc.

There will be a **Parent Information Session via Zoom on** ..... when a Facilitator from BigTalk Education will cover in greater detail what is included, and the vital role Parents/Carers can play in keeping their children safe both now and as they progress into Secondary School. Should you require any further information after the presentation a contact E mail address will be provided. Further information is also available on www.bigtalkeducation.co.uk/parents.

The book that accompanies the Growing Up Safe programme ***Bodies, Babies and Bellybuttons*** will be available to purchase priced £9.99 from the BigTalk Team (please leave your payment in an envelope with Reception) or via the BigTalk website

Details of the Zoom Meeting

Date & Time …

Link …

Meeting ID … Passcode …

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