

Scheme of Learning for Design Technology



Main Strand/Concepts	Sustainability, Impact on our world– Design Technology will link to other subject however where this is not appropriate it will be taught discreetly.	cts within th	is context,			
Prior Learning Links	 In Key Stage 1 key Concepts taught are: Vegetables contain vitamins and minerals Processed food is food that has been treated in some way to preserve or change it Many processed foods contain additives or high quantities of salt or sugar which is unhealthy 		_			
Main enquiry question/s	Why are our diets so different? At the end of this block, pupils will					
Programme of Study	National Curriculum	Know:	Be able to:			
NC Requirements	Cooking and nutrition	Some foods and key ingredients from other cultures How other cultures' food can be nutritious	Make, roll and cook a flatbread Prepare a range of vegetables Present foods to a high standard			
	As part of their work with food, pupils should be taught how to cook and apply the principles of nutrition and healthy eating. Instilling a love of cooking in pupils will also open a door to one of the great expressions of human creativity. Learning how to cook is a crucial life skill that enables pupils to feed themselves and others affordably and well, now and in later life. Pupils should be taught to: Key stage 2					
	 understand and apply the principles of a healthy and varied diet prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed 					
Prior Learning for Concept 1	 Vegetables can be prepared using a range of techniques: • ribboning • slicing • dicing • grating A healthy diet includes a range of vegetables and ingredients The visual appeal of food can be improved by: • including a variety of colours • adding height • adding odd numbers of ingredients Eating a variety of colours of vegetables ensures that we obtain the range of vitamins the body needs 					

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Learning Objective			
1 st Concept Research: Lesson 1 – How are foods different in other parts of the world? Lesson 2 - What ingredients are in a mezze bowl? – looking closely at the nutritional value of these ingredients		DT proje	ct: To make a mezze bowl with a range of salad
		 Vegetables To understand how food is different in different parts of the world (Eastern and Meditation parts of the world) To know what ingredients are in a mezze bowl. 	
Subject Specific Vocabulary	Core Knowledge – what do we children to know?	e want the	Suggested learning activities – What key experiences?
Tier 2 - Ingredient Country Food groups Balanced Diet Tier 3 - Knead Unleavened Nutrition	 To know the meaning of Mezze To know some of the key countered that tend to share food. To know some culinary traditions of the eastern and <i>Mediterranean countires</i>. 		 Look at 3 different countries and discuss how the food originates from this area –E,G Italy – pizza, England fish and chips etc (Focus on middle east and the Mediterranean countries) Children need to be able to name some of the countries and know they culinary styles of food found there. Define this term and identify Middle Eastern and Mediterranean countries on a world map. Explain that the culinary traditions of these countries include dishes of a variety of ingredients which are intended to be shared. – teach the children some of the countries that share food. Look at different foods from this part of the world - has anyone ever tried any of these foods before? Teach the children what Mezze means and explain that we are going to be making a mezze bowl – look at some images of mezze bowls - what ingredients are in them? Discuss the nutritional value of this dish? Is there a lot of salt/ sugar? How do we know?
Assessment questions	 Where is the middle of Name some Mediteri What ingredients are How healthy is a mez What nutrition's can 	ranean countries? e in a mezze bowl? zze bowl?	Resources: Link to Video: <u>https://vimeo.com/691911145/923ec185d2</u>
Learning Objective	A healthy diet inclu	prepared using a lides a range of ve	range of techniques: • ribboning • slicing • dicing • grating getables and ingredients proved by: • including a variety of colours • adding height • adding odd numbers of

2 nd Concept Design and step by step method	 ingredients Eating a variety of colours of vegetables ensures that we obtain the range of vitamins the body needs DT project: To make a home made mezze bowl To design my home made mezze bowl To know the step by step process to make my home made mezze bowl 			
Subject Specific Vocabulary Tier 2 - Ingredient Country Food groups Balanced Diet Tier 3 - Knead Unleavened Nutrition Assessment questions	 Consider - What do we want the children to know? To know how to make a dish appealing to others To know the different types of vegetables to include in a mezze bowl To know what a mezze bowls consistent of #To know how to make a To know yogurt is a form of good bacteria What is harissa? Why is natural yoghurt good for you? How can you make your mezze bowl more appealing to others? 	Suggested learning activities – What key experiences? • Children to design their own home made mezze bowl - what is their favourite vegetables for salads? • Provide children with a ranger of salad vegetables to design and create their own mezze bowl • Discuss with the children how we can make the mezze bowl appealing by looking at the textures of different vegetables and colours. • Children to create their own designing by choosing their ingredients and bread type. • Explain to the children what good bacteria is – in yoghurts (Top make a sauce such as harissa) • Children to create a step by step proces s to make their mezze bowl Resources: CUSP materials – different types of bread. Link to Video: https://vimeo.com/691911145/923ec185d2		
	in a range of fresh food.	than fresh food Vitamins, fibre and protein are nutrients the body needs and can be found bod can be created from fresh ingredients.		

3rd Concept Make and Evaluate X 1 lesson make X 1 lesson evaluate	DT project: To make a home made mezze bowl To make my home made mezze bowl To evaluate my home made mezze bowl	
Subject Specific Vocabulary Tier 2 - Ingredient Country Food groups Balanced Diet Tier 3 - Knead Unleavened Nutrition	 Core Knowledge - What do we want the children to know? To know how a mezze dish is made. To know how to make their dish appealing to others. To know what nutritional value is in their dish. To know where mezze dishes originate from. To know how to cut vegetables safely for their mezze dish. 	 Suggested learning activities – What key experiences? Children to use their designs to create their mezze bowl. Model to the children the different skills to cut their vegetables Discuss with the children how the different vegetables add nutritional value to their dish. Children to use the yogurt to create a dip for their mezze bowl – ensure children understand how this give us good bacteria – children to have a choice of two different dips - tahini/ harissa Children to share their mezze bowl with parents – invite parent's in for a tasting sessions and support children in the making process - get the children to present their mezze bowl to parent's explaining what ingredients are in it why they choose these specially and what nutrients they have within their dish. Children to evaluate their work with parent's and peers using CUSP grid
Assessment questions	 What ingredients are in your mezze bowl? What nutritional ingredients do you have in your dish? How did you make your yoghurt dip? How could you enhance the look of your dish? What would you change? 	Resources: Link to Video: https://vimeo.com/691911145/923ec185d2 Link to Video: https://vimeo.com/691911145/923ec185d2 Link to video: https://vimeo.com/691911145/923ec185d2 Link to video: of insedent to blacks and evaluate the food you have made. The Link to video: of insedent to black and evaluate the food you have made. The Link to video: of insedent to black and evaluate the food you have made. The Link to video: of insedent of a gue constant of insedent to black and with of the serve board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the Up in nade the mere board again, where would go it differently and with of the mere Material and the mere board again and the