

08 September 2023

SWIMMING LESSONS – YEAR 5 – September 2023

Dear Parents and Carers

Our **Year 5** children will be starting their swimming lessons on <u>Wednesday 13th September 2023</u>. They will be collected from school, taken to Quest Park Swimstars & Dolphins Swim School and then returned to school before home time.

The staff and I are looking forward to accompanying the children to the Baths and to watching our children develop their skills in this activity. Please don't hesitate to contact me if you have any queries regarding our children's lessons. I would be only too happy to answer them.

Swimming Regulations

- Traditional swimming costumes, trunks only (no shorts allowed) will be required for their lessons. (Not Bermuda shorts, cut-off jeans or trunks below thigh length etc.)
- One towel
- If a child has a verruca they are still permitted to swim but parents/guardians may prefer their child to wear a verruca sock (purchased from sports shops/chemists and easier to use with some talcum powder!).
- Swimming goggles may be worn by children but must be of unbreakable plastic; children must be taught how to put on and take off goggles; a parent/guardian permission letter must be retained by school. Children cannot swim in goggles without this letter of permission.
- All jewelry must be removed prior to their lessons (preferably not worn at all on the swimming day).
- No food or drink to be taken on the coach (with the exception of our diabetic pupils).

PLEASE COMPLETE THE PARENT/CARER CONSENT FORM (ATTACHED) AND RETURN TO SCHOOL BY Monday 11th September 2023 THANK YOU

Yours sincerely

Mrs F Parish Principal



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EDUCATION SWIMMING – PARENT/CARER CONSENT FORM Your child will not be allowed to swim unless this form is completed. Please return before Monday 11th September 2023

Childs Name:
Class:
Tel. No

As part of your child's education he/she will be undertaking swimming lessons this year. It is important that the swimming teacher has up to date information regarding your young person. Please answer 'Yes' or 'No' to the following questions and provide extra information as necessary:

Is the participant anxious about water?	Yes / No
Has the participant had any serious illness within the last three months?	Yes / No
Is the participant recovering from an accident, broken limb or injury of any kind?	Yes / No
Does the participant have epilepsy, convulsions, seizures or absenting of any kind?	Yes / No
Is the participant asthmatic? (inhaler to be taken to every session)	Yes / No
Is the participant diabetic?	Yes / No
Does the participant have any type of heart condition?	Yes / No
Any allergies including historical reactions to medication or plasters?	Yes / No
Does the participant have Grommets? (a swimming cap and ear plugs will need to be provided by the participant)	Yes / No
Does the participant have any type of visual or hearing impairment?	Yes / No
Is there any additional medical (including historical), behavioural or other condition?	Yes / No
Does the participant take medication on a regular basis?	Yes / No

If you have answered '<u>Yes</u>' to any of the above or wish to provide more information, please provide details below or attach additional information:



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Please indicate the participants swimming ability by ticking the most appropriate box:

Non-	Can swim	Can swim	Can swim	Any other	Is your child currently on swimming
swimmer	5m	a width	a length	Awards:	lessons? If yes where?
			or more	(please	
				specify)	

Consent:

- I understand the nature of the education swimming sessions and consent to the participant engaging in the sessions.
- The participant understands that they must behave responsibly at all times and follow instructions from school and swimming pool staff.
- I and the participant understand that earrings (studs are acceptable) and any other form of jewellery including watches must not be worn to the swimming session.
- If I deem it to be appropriate, I will provide my young person with swimming goggles. I and the participant understand that the goggles are their responsibility at all times.
- The information I have provided in this form is accurate at the time of signing and I agree to inform the school as soon as possible of any changes that occur during the swimming programme.

Name of	
Parent/Guardian/Carer:	
Relationship to	
Participant:	
Signed:	
Date:	



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